



photo by Tom Moser....used this month in Tom's memory

Treating chronic Lyme disease led to a practice



Posted: Monday, July 28, 2014 8:30 am
Frank Zufall for the Sawyer County Record

In August of 2013 the U.S. Centers for Disease Control and Prevention (CDC) reported, to much fanfare, the number of "reported" cases of Lyme disease each year, approximately

30,000, is 10 times less than the "estimated number of actual cases," 300,000.

The CDC announcement was a shocking revelation for some but not for others ... like Rebecca Keith, a family nurse practitioner (F.N.P) at Keith Family Wellness in the village of Minong, which relocated from Cable in January.

This article describes difficulties in treating chronic Lyme Disease. Keith cites opinions of microbiologists, the president of the Lyme Disease Association and scientists who recognize that persons having Lyme for long periods may not show classical symptoms. The bacteria have had long periods to embed the systems and make it more difficult to eradicate.

The article includes Keith's view of treatments, advice and precautions. A suggestion new to me was to throw outdoors clothing in the dryer for 15-20 minutes. Heat will kill ticks, but washing will not.

Keith's clinic is in Minong., phone 715-466-4400. Or contact Audrey Sanderson asanders@cheqnet.net for a copy of the article.

Losing our Heritage Members

Our Diamond Lake Honor Roll now includes Tom Moser who died suddenly last summer. Tom would spend hours photographing loon activity in their bay. He provided the Newsletter with its masthead photo and his family has indicated they would welcome our continuing use of this photo.

A Higher Latitude by Steve Johnson
Used with permission of *The Bottom Line*

The battle was furious and suddenly an invisible tug of war between my desire to remain upright and the tantalizing beauty of the



Chequamegon National Forest. How could I stay focused on navigating a mountain bike along the first exhilarating stretches of the Namakagon Trail; while ogling the scenery? I, being a wretched adversary, swiftly conceded defeat, my surroundings were not conducive to doing two things at once. So I rode around a bend, and stopped to appreciate a mammoth white pine. I rode up over a ridge, and stopped at the crest of a deep valley of aspen and maple. I nearly rode off the trail when the loud *wuk-a-wuck-a-wuck-a* of a pileated woodpecker reverberated from every direction. It was clear this would be a long ride and that was fine by me.

This trail is one of the gems of the Cable-based Chequamegon Area Mountain Bike Association (CAMBA); a group of fat-tire enthusiasts, volunteers, and local businesses that have

seamlessly morphed with local and federal agencies to create one of the premier mountain bike destinations in the country. The CAMBA trail system boasts over 300 miles of marked paths, split into six “clusters” from Hayward to Drummond. The trails are impeccably maintained, and little blue signs with directional arrows are scattered throughout the system, as well as “You Are Here” map kiosks to ease directional woes. There are trails for all abilities, from cruises along abandoned logging roads to long and technical rollercoaster routes and a longline singletrack stretch extending from Cable all the way to Hayward.

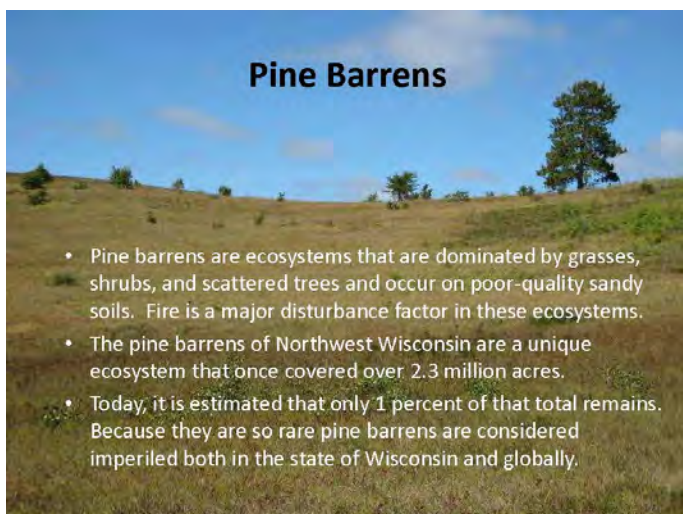
The 10-mile Namakagon Trail is one of my favorites and includes the best of the North Country—rolling, glaciated terrain accented with secluded lakes and streams, steep ridges, and quiet wetlands. On the first half of the look, the trail heads up a short climb and follows the crest of an ancient esker to Crystal Springs Bogs, and irresistible distraction with ample opportunity to spot some of the hundreds of critters that call the Chequamegon home. Sure enough, I rolled up in time to see a doe and two young fawns bouncing along the spongy turf with a background glee club of local songbirds. The essence of the forest from canopy to stem was pushing every last scent into the world. A purer elixir I suspect I will never know.

Multiple trail intersections further along only add to the magic of this place, and with those blue “go this way” signs in all the right places, I never once questioned

my chances of finding my way out of the woods. Except, of course, for the fact that my leisurely pace soon was in danger of being overtaken by the onset of darkness. One last coast down the Patsy Lake Trail concluded my northwoods getaway at the Namakagon

Town Hall trailhead. I had a wrinkled map draped on the hood of the car before the trail dust settled behind me, planning the next trip back to ride, and stop often, in the Chequamegon.

Moquah Pine Barrens and the Sharp Tailed Grouse was the presentation given by Thomas C. J Doolittle, Wildlife Biologist, USDA Forest Service at the 2014 Meeting. Tom generously shared the slides from his presentation with us (samples below) and it is now posted on the Diamond Lake Website for download as a PDF.



MINUTES
Diamond Lakers, Inc.
Annual Association Meeting
July 19, 2014

The Annual Meeting of the Diamond Lakers Inc. was held at Juels and Sally Carlson residence, on Saturday, July 19, 2012. Tim Tully thanked Juels and Sally for hosting the meeting. Tim also thanked Dianne Klump for assisting him with getting the Spring Newsletter published.

Minute Review

The minutes of the July 21, 2013 annual meeting were reviewed as posted on the web site and there was a motion to approve.

Treasurer Report

Larry Sanderson reported there was a beginning balance of \$3,445.85 and deposits of \$1920.00, with disbursements of \$956.00 for an ending balance of \$4,409.85. He also reported that out of the 70 cabins on Diamond Lake, that 47 are paying members.

Diamond Lake Owners

There were no new families on Diamond Lake but there is new residence being built on the south end of the lake on Pioneer Road and the owners have owned this property for many years.

Tim also reviewed that long term Diamond Lake owner Tom Moser passed away last summer.

Diamond Lakers Inc. Web Site

Bob Jacobel reported that the web site is still very active with between 100-200 "real" (non-robotic) visits per month with many downloads occurring.

No new Owners on Diamond Lake

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Local Updates

Tim reported that the Telemark Resort was sold and the buyers were the Johnson Family from Lake Owen. The golf course is separate and the airport remains open and is currently undergoing some improvements.

Tim reviewed photos of the straight line wind damage last summer and the impact on many trees on Diamond Lake and on his property. He also reviewed that there was record snowfall during the Winter with extreme cold weather.

Cell Phone Towers and Cell Phone Coverage

Tim reviewed that two new cell phone towers are planned and one will be south of Grand Veiw and the other by the Namakagon Town Dump. They may cover 5-7 miles but it is dependent on the terrain. The towers will support Norvado and also T-Mobile cell phones. Tim reviewed other options of apps via the internet or there is also a booster for Verizon that gets a signal via the internet.

Lighting Guidelines

Tim reviewed that Bayfield County has an ordinance related to shoreline lighting .The details are posted on the web.

Vacation Rental by Owners

Tim reviewed that there have been questions about a vacation rental on the lake. It as noted that the the owners are in full compliance with Bayfield County.regulations.

Boating Guidelines

There was discussion about the Lake Use Guidelines. Tim clarified that these guidelines are posted on the web page and that these are the "common sense" guides for living on and using the lake that will minimize our disturbance to each other, to the wildlife, and which will preserve the qualities of Diamond Lake we all enjoy.

Juels Carlson made a motion requesting that the Board poll members to determine if members would want the hours for recreational boating extended. Tim stated that the Board has this item on their agenda and will bring a recommendat-ion to the membership.

Wildlife Update

The loons have succeeded in hatching one baby loon.

Fishing Report

Jerry Robotka reported on the current size limits for Diamond Lake. The Native American's did not spear Diamond Lake this Spring since the ice went out too late.

Nominations Committee Report

Jerry Robotka presented the results from the Nominating Committee, and the following officers and board member were elected:

Cary (Frosty) Palmer, President
Jessie Meschievitz, Board Member

The following were re-elected:

Susan Trankel, Secretary
Jerry Robotka, Board Member
Audrey Sanderson, Board Member

Location of 2015 Annual Meeting

The Carlson's volunteered to have the meeting at their house or at their daughter's new house next door.

New President and Outgoing President

Tim Tully introduced Cary Palmer in the newly elected President. Cary presented Tim with a token of appreciation from the association for the years that he has served as President.

Susan Trankel, Secretary

2015 Annual Meeting

The Diamond Lakers 2015 annual meeting will be at 3:00 p.m. on Saturday, July 18th at the home of Sarah and Todd Stivland, 47220 N. Diamond Lake Drive, Diamond Lake, Cable Wisconsin. Please bring a folding or lawn chair.

The presentation topic this year will be 1880s Lumberjacks, Lost Treasure, & Murder in Northwest Wisconsin. Presentation by Jim Braken, author and Emeritus Director of the Wisconsin Lakes Association.

The business meeting to follow will address the following topics: election of officers and board members, fishing report, loon report, report on the results of the mail-in vote on extending hours for recreational boating (see next), and request for volunteer(s) to host the 2016 annual meeting.

Diamond Lake Guidelines

The Diamond Lakers Board of Directors was asked to reconsider the hours of recreational boating in the *Guidelines* with an eye toward extending the time for recreational boating in the evening (currently 10 AM to 6 PM). The current *Guidelines*, set forth below, were last approved by the membership in July 2006.

The Diamond Lake Association Guidelines

- *Recreational boating activities are limited to the hours of 10 AM to 6 PM. Definition: Recreational Boating: 1) water crafts towing persons on tubes, skis and similar equipment; 2) water-jet skis or other powered small personal craft and/or 3) motor-driven watercraft going up and down (or around in a circular fashion) the lake creating a significant wake. Fishing boats and pontoon craft proceeding from one place to another on the lake are not considered as being recreational. Time-of-day operating limits 10 AM to 6PM apply only to recreational water craft.*

During Its spring 2015 Board meeting, the Diamond Lakers Association Board of Directors determined that they did not recommend changing the hours, but that a mail-in vote should be taken of the current membership to allow them to decide the issue.

Mail-in ballots concerning whether recreational boating hours should be extended by an evening hour will be tallied prior to the start of the meeting and the results announced during the meeting. Once the announcement is made, there will be no further discussion of the matter. If the majority of the members have voted to extend the hours, the Secretary will be instructed to make the necessary changes to the *Guidelines* and have them distributed to each property owner in a timely fashion.

For those of you who have recently returned to the lake for the season, Welcome Back! I look forward to seeing you all in July.

Cary (Frosty) Palmer
President, Diamond Lakers Association

Each cabin is requested to respond with a single ballot (**by US mail only, along with accompanying membership dues and meeting RSVP**) to the question below, by **June 30, 2015**.

Ballot

Proposition: Should the hours for recreational boating be extended for one hour in the evening to 7 PM (10 AM to 7 PM)?

No Change. Leave them as they currently stand (10 AM to 6 PM)

In favor of a change extending the hours from 10AM to 7 PM

Signature _____

Reservation Form

PLEASE RESPOND BY JUNE 30 with a check for \$20.00 for 2015 dues. Current Paid Membership determines the eligibility to cast a vote and it is one vote per property.

We would like to stay for the social hour. **NOTE:** This year, in lieu of heavy appetizers and drinks, a cake and coffee treat is planned and there is no charge.

Number of Adults Attending: _____

We cannot attend the 2015 annual meeting but here is my check for \$20.00 for the annual dues along with the option of a proxy vote: PROXY VOTE: Section 3 of the Bylaws: Members entitled to vote but unable to attend the annual meeting may vote by proxy. The proxy must be mailed with dues to Larry Sanderson or given in writing to any other voting member in advance of the Annual Meeting.

I, _____ will not be attending the 2015 annual Meeting of the Diamond Lakers and hereby authorize _____ to cast my vote on business that may be brought up during the 2013 Annual Meeting.

Signed: _____ Date: _____

Member Name(s): _____

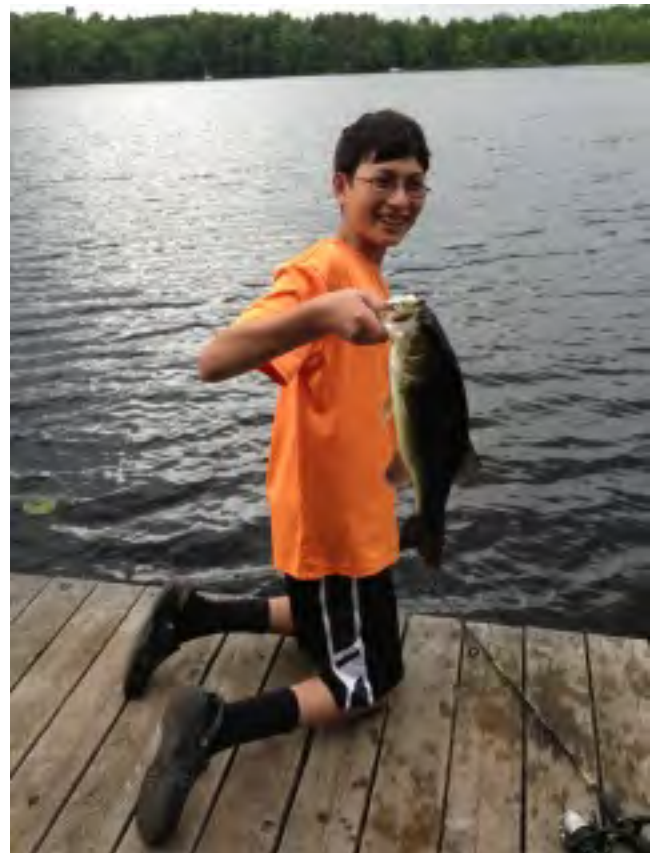
Update Email address: _____

Annual Dues: Total: \$ 20.00

Please make checks out to: Diamond Lakers – c/o Larry Sanderson, 20205 N. Diamond Lake Dr.

Summer 2014 at the lake:

At the Lauritzens



At the Annual Meeting



